

**Meeting Summary of the
Kentucky Mental Health Services Planning Council
May 11, 2006
Frankfort, Kentucky**

Council Members Present: Carolyn Kates-Glass, Rebecca Garrett, Janet Gothard, Jan Powe, Carmilla Ratliff, Carl Boes, Trudy Abshire, Lynn Haney, Sharma Klee, Robert Hicks, Mary Sue Klusman, Carol Estes, Donna Hillman, Shelley Adams, Rita Brooks, Molly Clouse, Betty Jo Moss, Steve Liles, Sheina Murphy, Phil Gunning, Steve Hartwig

Council Members Absent: Barbara Greene, Kevin Pangburn, Kathleen Casper, Bill Heffron, Toyah Robey, Stephanie Shepard, Jim Sparks, Marty Harrison

DMHSA Staff: Michele Blevins, Rita Ruggles, Louis Kurtz, Janice Johnston, Anita Jennings

Guests: Diana Taylor, Susan Klusman Turner, Keith Seigler, Ron Ashton, Doreen Mills, Carolyn Bray

TOPIC	OUTCOME	NEXT STEPS
Welcome & Introductions	Carolyn Kates-Glass, Chair called the meeting to order at 10:05am. Members, staff and guests introduced themselves.	
February Meeting Summary	Robert Hicks made a motion to approve the February Meeting Summary. Rebecca Garrett seconded and the motion carried.	
NAMHPAC TA Follow Up	Michele Blevins gave an update on the NAMHPAC visit. All evaluations were forwarded and a synopsis is expected.	
Update on Council Officers	It became necessary to hold another election of recommended Officer candidates. This was due to the resignation of two Council members and because the previous voting included all Council members rather than just a caucus of consumer and family members (as is required in the by-laws). Therefore, a subsequent caucus meeting was held May 10 and the following officers were selected to forward as recommendations to the Commissioner who will appoint Council Officers: Chair – Rebecca Garrett Vice Chair – Molly Clouse Secretary – Robert Hicks Ms. Blevins shared that the Mental Health Block Grant Technical Assistance	

	Meeting will be held in June and traditionally the chair of the council attends this meeting. This year, both Carolyn Kates-Glass and Rebecca Garrett will attend.	
2006 Legislative Session	<p>Robert Hicks gave an update on federal SB 1955. It does not require insurance companies to come under a regulatory agency and thus not subject to parity laws.</p> <p>Carl Boes stated that SB1955 is a bill of multi-state pooling agreement. Any state mandates that have been introduced on insurance plans like mental health parity are waived under the pooling agreement. It is a large concern to KARP. He further stated that Democrats are trying to block it in the Senate and suggested those interested may wish to call Congressional representatives.</p> <p>A handout with contact information for Kentucky's members of congress was distributed.</p> <p>A handout reviewing some relevant legislation from the 2006 session for Kentucky was distributed. It was shared that Representative Jimmie Lee, chairperson of Human Services Budget Review Subcommittee, stated he was very pleased and said that this is the best human services budget put together since he has held the position.</p> <p>It was further stated that HB 843 recommended \$25 million more a year to move Kentucky from 44th to the top of the bottom half. If you look at the whole state budget and look at allocations by priority area, there's been a 7% decline in Human Services over the last 5 years.</p>	
Updates on Commissions (HB 843, HB 144 & Autism)	<p>Ms. Blevins provided copies of the previous meeting summaries and agendas for upcoming HB 843 and HB 144 Commission meetings. The HB 843 Commission meetings are scheduled for Thursday, May 25 (1:00-4:00), July 12, September 13, and December 13, 2006. The meetings for HB144 are scheduled for March 20 and June 20, 2006 1:00-4:00 at DMHMRS. The Kentucky Commission on Autism Spectrum Disorder will meet on May 22, 2006.</p> <p>Trudy Abshire shared that the KY Commission on Autism Spectrum Disorder is charged with making a state plan for the care of children and adults with Autism Spectrum Disorders. They were given a year to form a group within the DD Council. They plan to conduct some local forums beginning in mid-June to allow for open discussion and feedback regarding the drafted plan.</p> <p>Ms. Ruggles shared information about an upcoming Targeted Technical Assistance (from NASMHPD) around the issues of the lack of resources and the ability to work</p>	<i>Be mindful that these dates sometimes change so double check before attending a meeting.</i>

Targeted Technical Assistance Grant (Rita)	<p>with individuals who were presenting in emergency rooms where there are no licensed psychiatric beds. They are trying to strengthen the partnership between state hospitals, private hospitals, and the regional MHMR Boards.</p> <p>This is planned for the HB 843 Commission on September 13. The goal is to build consensus and have everyone understand the impact of the lack of inpatient care availability. NASMPHD will return on December 13 and help develop a strategic plan at the state level. Plans are for 4 regional forums to be held.</p> <p>Lou Kurtz shared that he has reviewed some of the block grant plans from other states (South Carolina, North Carolina and Florida) and they are also experiencing reductions in private hospital beds. However, their improved readmission rates are attributed to increases in transitional housing, drop-in centers, and peer support services.</p>	
Member Information Sharing	<p>Mr. Kurtz talked about the Other State Agency Study. NASMPHD conducted a pilot study a couple of years ago with 8 states involved, trying to learn, across systems, who is being served, what is the overlap (clients shared between mental health service agencies and other systems- like Department of Corrections, how many dollars are being spent (funds other systems are spending to provide mental health services for their clients). They are now beginning Phase 2 of this study; they are inviting 15 other states to participate in this process. NASMHPD is providing technical assistance and \$7,500. Kentucky hopes to be chosen in this round and if so, some Dept. staff will meet other state agencies' data and fiscal staff.</p> <p>Ms. Blevins shared some information about upcoming training opportunities.</p> <ul style="list-style-type: none"> ○ The Kentucky School of Alcohol and Other Drug Studies. July 23-28 at Northern Kentucky University. Contact for information- Avonell.Hamblin@eku.edu or 859-622-4968. ○ Great Kids Summit July 12-14, 2006 Galt House, Louisville www.kychildnow.org ○ DMHMRS Conference (replacing MHI) May 22-25, 2007, Louisville Convention Center <p>Phil Gunning let everyone know about the upcoming NAMI walks in Hopkinsville and Northern Kentucky and one planned for September 9th in Louisville. The statewide walk is October 7th at the Horse Park in Lexington. Generally, local walks are held in the spring and statewide walks are held in the fall. Last year there were over 1,000 participants at the statewide walk.</p>	

	<p>Molly Clouse spoke about Peer Support Specialist training. There are 47 individuals that will participate in the training over the next 6 months. Reportedly, several regions are including peer support specialists in their 2007 fiscal year plan.</p> <p>Carmilla Ratliff shared that the Kentucky Partnership for Families and Children (KPFC) will be having their 2nd Parent Leadership Conference June 16-18 for youth and their parents. The youth and parents will attend separate sessions geared toward each. This is typically for the youth that serve on the Kentucky statewide Youth Council.</p> <p>Rebecca Garrett let everyone know about the consumer conference in the Kentucky River region and distributed brochures to those interested.</p> <p>Rita Brooks shared that 20 people participated in the Leadership Academy (train the trainers) held in March and that four of them presented at Bluegrass for an audience of about 40 people. Ms. Brooks leaves today for West Virginia to speak at a conference of Leadership Academy graduates. She will be able to network with them and learn what other states are doing.</p>	
CMHS 2006 Block Grant Allocation Revision for Kentucky and Modification to the 2007 Plan	<p>Ms. Blevins shared information showing the estimated and final allocations for all states for FFY 2006. She reminded everyone that federal money is actually spent in the subsequent state fiscal year.</p> <p>Ms. Blevins shared a final copy of the block grant plan modification as was submitted to CMHS. The targets did not change from the draft that was sent out for comment. The projections on the modification are based on actuals from SFY 2005 which were not available at the time of the original submission. She thanked Council members for their feedback. A brief discussion about the hospitalization readmission rates ensued. It was also explained that the plan objective to develop standards for targeted case management for adults and children is no longer appropriate until there is some resolution about the Medicaid capitation and 1115 waiver situation.</p>	
1115 Wavier Update/ Capitation	<p>Ms. Blevins shared the most recent draft of the 1115 Waiver. With passage of the Deficit Reduction Act at the federal level, a waiver is not needed to make some of the changes proposed in the original drafts of this waiver. There are still plans to submit the waiver for some things not covered under the DRA (Optimum Choices and Supports for Community Living). A full copy of the waiver drafts are available</p>	

1115 Wavier Update/ Capitation (con't)	<p>on the Cabinet web site http://chfs.ky.gov (http://chfs.ky.gov/NR/rdonlyres/70AC8C04-BDEF-4A64-AB06-45FEE8285A04/0/COMPLETEPACKAGE.pdf)</p> <p>Carl Boes said all 14 regions have sent their <i>Business Plans</i> to Medicaid. They have agreed to take a cap on Medicaid behavioral health dollars. July 1 is the stated date for implementation.</p> <p>Donna Hillman said Medicaid will meet with each region and approve or request revisions for each plan. As a department, DMHSA will work with Medicaid and put forth some broad guidelines. DMHSA is certainly in agreement with Medicaid's two objectives of increasing access for clients and decreasing hospitalizations.</p> <p>Mr. Boes talked about the new citizenship verification requirement in the DRA. States, at their own cost, would be responsible for verifying the citizenship of each client. He said that there is discussion of introducing a "clean up bill" which is a technical corrections bill that corrects grammatical errors and other problems with the DRA. Other concerns around cost-sharing provisions and charging co-pays for services. The DRA allows doctors to refuse services if co-pay is not paid at time of services. Co-pays keep people from accessing services, which goes back to the high readmission rates. He stated the belief that all of the changes in Medicaid are leading to Medicaid changing from an entitlement program to an insurance plan.</p>	
Kentucky 2010 Mid Decade Report	<p>Ms. Blevins spoke about the Healthy Kentuckians 2010 plan. Some of the indicators in this plan match block grant and state indicators. She provided copies of the Table of Contents and Chapter 23 on Mental Health. The full document was offered to those interested or it may be accessed at http://chfs.ky.gov/dph/hk2010.htm.</p>	
Planning Council Committees	<p>Ms. Ruggles spoke about the need for a more formal process for forming Council committees. She shared written information about standing committees and ad hoc committee formation and functions. The Council's by-laws state that committee members will be appointed by the Chair. Everyone agreed to participate in a facilitated exercise to form committees and assign tasks to these committees at today's meeting so that committee work can begin. It is anticipated that these committees will give members greater opportunity for participation on the council.</p> <p>Michele took suggestions from the council and made a list of possible Standing and Ad hoc committees. The group also determined priority ranking of committees,</p>	

	<p>tasks/charge of each one and membership composition for committees. The following represents the Council's decided upon priority committees.</p> <p><u>Standing Committees</u></p> <ol style="list-style-type: none"> 1. Executive Committee- defined in by-laws 2. By Laws – set up bylaws, update and monitor for needed changes 3. Legislation/Advocacy – follow KY legislation, pose position statements, phone tree/network system, legislative priorities (stated), and legislation 101 (training). 4. Finance – review block grant allocations and deliverables of funded entities, meet with funded entities if necessary, make recommendations to full council regarding funding issues when applicable 5. Membership – ensuring council follows public laws and bylaws of membership, recruiting, recommendations to bylaws re: membership, orientation of new members. <p><u>Ad-hoc Committees</u></p> <ol style="list-style-type: none"> 1. Nominations (for Membership and Officers) 2. Peer Support <p>It was decided there should be a minimum of 5 members present to hold a committee meeting. It was also decided that a by-laws committee was most needed and should be formed first. Then finance, membership, governance and legislation committees should be formed. The members of the by-laws committee were chosen and they are: Steve Liles, Trudy Abshire, Rebecca Garrett, Janet Gothard, Molly Clouse, Bob Hicks, Carolyn Kates-Glass, Lynn Haney and Dan Howard (per Carl). Michele Blevins agreed to staff this committee.</p> <p>Janet Gothard suggested that the best time to hold the meeting would be before or after the next Planning Council meeting. However, it was decided that since the HB 843 meeting was being held on July 12 that the first By-laws Committee meeting would be held Thursday, July 13, 10:00-2:00 at the department.</p>	
Public Comment	None	
Adjourn	The meeting was adjourned at 2:10 pm.	

Next Meeting	The next Mental Health Services Planning Council meeting will be held on August 17, 2006 from 10:00 a.m. - 2:00 p.m. at the Department for Mental Health & Mental Retardation Services, Fourth Floor Large Conference Rooms, 100 Fair Oaks Lane, Frankfort, Kentucky.	
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